

# News & Notes

## ONGOING DEVELOPMENT & IMPRESSIVE PROGRESS

### PHASE 2 OF PROJECT REVITALIZATION IS NEARLY COMPLETE

If you haven't taken a walk in a bit or been outside much, you may have missed some of the many changes that are happening across our campus as part of our \$8-9 million dollar "Project Revitalization" initiative. As of mid-March, when this newsletter was sent to print, here are some of our latest updates, photos included!

**PROJECT  
REVITALIZATION**

**In The Terrace**, the new, upgraded entrance is set to open on March 18th, with the new monument Terrace signs expected to be installed on March 28th.

**In The Courtyards**, the multipurpose room has been cleared out, and activities are beginning to be held in alternate locations for residents. Construction has begun in the multipurpose room. The Manor Cafe will soon be ready and we will begin setting up furniture, installing appliances, and getting ready to serve residents, families, and staff in the new space!

UNDERNEATH TERRACE ENTRANCE



COURTYARDS LOUNGE



(LEFT) The new Terrace entrance roof & footings are being installed.  
(RIGHT) The fireplace & shelving in the new Courtyards entrance are in.

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# GET TO KNOW YOUR NEIGHBOR

By Sharon Porfilio, Terrace Resident

*Rogers Swan*

**Rogers Swan's** mother was a Roy Rogers fan, so like a boy named Sue, she named her son, Rogers. Rogers, who currently lives in T110, was born in Belzoni, MS in the Delta region in 1947. It is known for the World Catfish Festival held every April. About 60% of U.S. farm-raised catfish are grown within a 65 mile radius of Belzoni, in case you want to know.



Rogers has four sisters and three brothers. They moved to Milwaukee in 1952 to live on Brown and 2nd Street near the Schlitz Brewery.

He went to Lincoln High School, and played football as the running back. Go Comets! He met Linda Shaw, a cheerleader, at North Division. He graduated in 1966. They courted and married in 1968. They had two girls, Robin and Ronni.

Rogers went to work at A. O. Smith making truck and car frames. He slowly lost a great deal of his vision eventually by not following A. O. Smith's welding restrictions. He often did not wear his protective goggles. He became the Inspector of Quality Control working the graveyard shift so he could attend UWM during the day to get his degree as a teacher though he knew the pay wouldn't be the same.

In 1972, the computer rolled off the line. Rogers, still working for A. O. Smith, learned and took the large 20" square screen machines with keyboards to the local high schools to teach the MPS teachers the computer. The school books were all on the computers. He would stay at each school for six months, getting to know most of the staff and personnel, then off he would go to another MPS school - one computer per year. He is proud to say A. O. Smith paid him to work at Washington High (along with all the other schools and that he was the highest paid employee at the time making more money than

the policemen, firemen, and some of the A.O. doctors at the time. He taught until he could not.

He retired in 2000, sadly divorced Linda, and traveled to Canada, Mexico, and Jamaica. In 2005-6, he received honors from the Wisconsin Art Center as an oil painter and screen printer. He sold his oil paintings to art shows around the state. Most were sent by Parcel Post. They sold them and sent them out. He came to realize that screen painting was easier as it took the oil much longer to dry.

His daughter, Ronni, known as the "Boss," sold his home and moved Rogers into Luther Manor in 2023 to be closer to the family. She comes to Luther Manor to help dad very often in between her hours as an MPS school teacher. Her mother, Linda, comes daily to clean and wash his clothes.

In the kinder weather, you would know Rogers sitting outside the Main Terrace Entrance getting acquainted with other residents. In the early morning, around 8 AM, Rogers is picked up daily by his friend of many years, Frank King. Together they head to Bay Shore for food and to hang out. Frank brings him home around noon.

Rogers is a talkative individual with much to say. He wants to meet more residents, so stop and have a chat with a man that will surprise you. He went to the same secondary school as Oprah Winfrey. How do I know? Chat time!

*Rogers, as your Welcome Representative, I believe you talked more than me! Yes, you did, but you were easy and very friendly to listen to, and we had common threads of interest as my Jim was also an MPS teacher. Thank you, Rogers!*



GET TO KNOW THE STAFF OF LUTHER MANOR

## RON HARRIS LOSS PREVENTION SPECIALIST

### Tell us a bit about yourself!

Lemmon Harris III is my given name, but you likely know me as Ron Harris, one of Luther Manor's Loss Prevention Security Guards. I'm obsessed with the Green Bay Packers, I'm a team player, sing with a velvet voice, and write a monthly column in the employee newsletter, "Manor Moments." I'm basically in charge of the overhead music you hear in the halls during the week, and "yes," I take requests. When you see me walking, delivering, or at the Welcome Center desk, you can give me music suggestions, and I will try to accommodate you! To me, bacon is like meat candy. It is my kryptonite!

### Where did you grow up and attend school?

I was born and raised in Milwaukee in 1958. I went to North Division High for one year before transferring to Custer High, graduating in 1975.

### Tell us about your family.

I am a divorced father of two adult children, Lemmon Harris IV and Kalyn Alexandria Harris. I also have two grandkids, Preston Pigott and Aria Marie Harris, by my daughter.

### How long have you worked at Luther Manor, who is your boss, and what do you do?

I have worked at Luther Manor for 29 years, and my bosses are Nick Walters, Director of Security and Loss Prevention, and Patrick Hansen, Chief Resident Experience Officer.



checks, and alarm checks. After I train a new guard, I usually send him out to get used to working alone, and free me up from deliveries to focus on mobile patrol. As guards, we escort the ambulance, police vehicles, and personnel to wherever they need to be, including fire drills. We are unarmed, so we don't engage in violent confrontations, and new officers can only observe emergency situations. The Wauwatosa police and fire department are very quick to show up when needed.

### What do you like to do in your time away from Luther Manor?

I currently play in a band called "The Style," which has several iterations. Sometimes my son, Lemmon IV, performs with us. When I perform solo, it's under the name "The Ronny Starr Motown Experience." The duo with which I performed at the resident New Year's party and the employee Christmas party also featured friend and vocalist, Jeff Summit. We use the name, "The Unrighteous Brothers."

I am a hand percussion nerd, playing congas, timbales, djembe drums, bongos, electric drums and other miscellaneous instruments. I am also teaching myself how to play bass guitar

As I mentioned earlier, my stage name is Ronny Starr. I took the Starr surname off of an album Prince produced as Jamie Starr. I think it's going great!

I'm part of a team that works all three shifts plus weekends, though I usually work first shift. I have a myriad of other duties, as needed - delivering packages one day and shoveling snow the next. Some of my other duties include emergency pull cord response, helping with lock-outs, mobile and foot patrol, door



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# What's Happening @ LUTHER MANOR



(ABOVE) Our independent living residents in The Terrace celebrated Valentine's Day two weeks ago and, as you can see, loved getting photos taken while enjoying snacks, refreshments, and time together!



(ABOVE & LEFT) Christmas of 2023 saw our independent living residents in The Terrace enjoy a Christmas concert by our very own Terrace Singers. Along with some holiday music, they enjoyed hot cocoa and cookies.

Our assisted living residents in The Courtyards & Luther Manor at River Oaks and our memory care residents in The Gardens, along with their families, enjoyed some Christmas cheer via hors d'oeuvres, brunch, live music, refreshments, and a visit from Santa and Mrs. Claus! A wonderful time was had by all!



For more, find  
Luther Manor on Facebook!  
[facebook.com/luthermanorwi](https://facebook.com/luthermanorwi)



(LEFT) Our Health Care Center residents LOVE making pizza! One of our residents and her son recently made a donation to ensure that a pizza-making party can happen every month for the foreseeable future! We are so grateful for their generosity, and so are our HCC residents!



## MINDFUL SCOOP

*Miraculous mushrooms!*

**Did you know that there are over 10,000 different types of mushrooms?**

And while we may not eat all of them, they are a flavorful and nutritious part of a healthy diet. Mushrooms are a great source of B vitamins, phosphorus, selenium, copper, potassium, and vitamin D. They have also been shown to have some great health benefits. Mushrooms are high in antioxidants which helps to boost your immune system and the type of starch they contain is a great prebiotic food to feed the healthy gut bacteria living in your colon. Mushrooms are naturally low in sodium and a good source of potassium which can help balance blood pressure. Check out these fun facts and delicious recipes and give mushrooms a try the next time you see them on the menu.



### MUSHROOMS & VITAMIN D

Some question if mushrooms are really a good source of vitamin D and the answer is, it depends. Just as in people, vitamin D is made by mushrooms through exposure to sunlight. Some commercial mushrooms are grown in the dark which decreases their vitamin D content. For the most vitamin D, look for wild mushrooms or mushrooms that have been grown indoors with exposure to UV light.



*Edible mushrooms include morel, cremini, shiitake, button, oyster, enoki, matsutake, portobello, porcini, maitake*

# VETS CLUB REPORT

Birthdays for each of the six military branches are important because of their impact on historical traditions. The U.S. Army celebrates its birth date on June 14, 1775 - same as the national flag. The Marine Corps is not far behind, with its birth date on November 10, 1775. The Navy lights its candles every 13 of October.

Things get a bit complicated for the last three branches. The Air Force was established in 1907 as part of the Army's Signal Corps. It wasn't until after the second world war that this branch finally received full independence on September 18, 1947. The Coast Guard started out as the Revenue Cutter Service in 1790. After several changes, it finally became a full member of the Department of Defense, celebrating its birthday on the 4th of August each year. Space Force has been around since the 1960's, but did not become a full fledged armed forces member until December 19, 2019.



Next time you look at a mixed military color guard you will see (from left to right) Army, Marine, Navy, Air Force, Space Force and Coast Guard flags in that order of precedence. The next time you hear a medley of service songs, they should be performed in that same order. Happy Birthday everyone!

**Contact Dave Myers (414.445.7855)  
for more information on Luther  
Manor veteran events.**



"Project Revitalization" continued from page 1

TERRACE ENTRANCE ROOF



COURTYARDS CAFE COUNTER



NEW COURTYARDS LIGHTING



In The Health Care Center, all of the auxiliary spaces are in construction mode, and transformation is underway. Planning has also started for the next construction phase in Rehab, which is set to start in mid-April.

Our Therapy space now has a plan for where all the new equipment will be located, and installation is expected to begin on March 12th.

Our Rehab space has moved several offices and now have a temporary med room in the former social worker's office. Construction is planned to start in mid-April.

Our newly updated nurse call system, ClearPath, was on site in early March installing some system support hardware, including repeaters and the master server, in anticipation of state approval in mid-March.

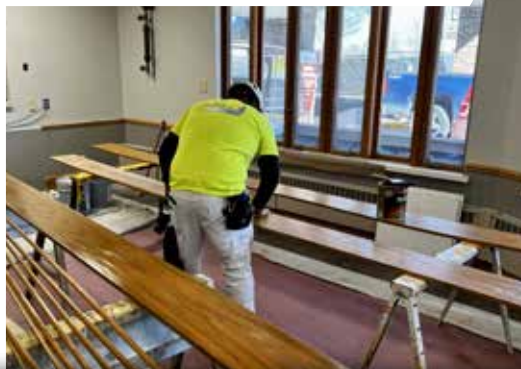
THERAPY GYM ENTRANCE



THERAPY GYM MAIN SPACE



THERAPY GYM TRIM BEING STAINED



THERAPY GYM BEING PAINTED



THERAPY GYM HALLWAY



MAGNOLIA GARDEN



"Inside Peek" continued from page 3

As a musician, my hobby is trying to discover and learn to play new percussion instruments. I also am into collecting rare music albums by little known rock, soul and disco acts.

Ron (Lemmon), thanks for your article, and this ain't no April Fool's joke - I truly enjoy listening to your velvet voice. Thanks to you and the other security guards for protecting the entire Luther Manor campus. Your surveillance of our home is noted by all. We appreciate the secure feeling that knowing you and the rest of the guards are always on duty, putting all of the rest of us in a comfortable place.

# LIFE ENRICHING ACTIVITIES

As part of our Life Enrichment offerings, our assisted living residents in our Courtyards, River Oaks, and Gardens programs celebrated Chinese New Year by making Chicken Fried Rice, made crafts for Valentine's Day, and played interactive games like mini-golf, bean bag toss, and dice. We had a great turnout and enthusiasm from everyone!

