

Luther Manor Weekly Happenings and Updates

February 4, 2022 3:49 pm

Campus Updates

 Reminder we have one more upcoming COVID vaccination clinic scheduled for Tuesday, February 22nd. Please let me or your loved one's Nurse Manager or Social Worker know if you are interested in having your family member vaccinated. We will be able to administer vaccines for residents who want the 1st, 2nd or the booster vaccine.

The "anti-Karens"

I have a lot of empathy and frankly sympathy for females called "Karen" these days! Someone unfairly, yet arbitrarily or perhaps factually based upon one interaction with one person named Karen has labeled all Karen's for at least the foreseeable future as psychotic, unreasonable and/or aggressive towards any minor or major mishap that may cross their path. We have one Karen that lives here and two Karen's that work here at Luther Manor that could not be more polar opposite of this new stereotypical "Karen". In order of their arriving at and joining Luther Manor's team, let me present to you Luther Manor's anti-Karens:





Karen Merklein moved into the Terrace in 2014 with her husband Dick and if you know Karen, she is such a sweet lady! She was named after another sweet Karen, her Norwegian Grandmother and is very proud of this. Karen is so faith filled, she has this grace and peace knowing how great God is, that just being around her makes me stronger in my faith. She is the eternal optimist, exuding positivity, cheerfulness and is always appreciative of any effort to take care of her and her fellow residents. She is also the one that cares for other residents that might not have family near or might just need a little help. Always giving to others, always thinking of others first and always positive. True to her faith, this Karen prays for all of Luther Manor, our staff and her fellow residents every day. No wonder we've stayed the course through COVID, thanks to Karen's prayers!



Karen Yust is our Infection Control Nurse Manager who is the original superhero of COVID-19 for Luther Manor. When the pandemic first started, Karen kept her head, got educated, communicated, empathized. got educated over and over and absolutely never lost her cool. Karen kept her calm and cool demeanor when many among us were extremely frazzled, especially with the media out of control, mixed messages from government officials and monthly, weekly, daily and sometimes hourly changes from the Department of Health and/or CMS. Her steady, educated and forthright approach helped all of us to stay calm as well, even when there were no days off for weeks at a time, when hands bled from constant hand washing, faces had creases from masks and goggles and the fear of transmission was out of control based on listening to the media.





Karen Gibbs is our recently hired Chief Clinical Officer and our newest anti-Karen, who was recruited to Luther Manor's board of directors in 2017 before joining our team. Karen's background in senior living, her time working in hospitals and as a Chief Nursing Officer for Aurora, in addition to her military background as a nurse did not manifest as a rough and gruff sergeant yelling at recruits! Instead this anti-Karen uses her experiences to be strategic, level headed, thoughtful and of course calm while seeking continuous improvement on a daily basis. Imagine striving for this continuous improvement in a medical field while the largest medical pandemic of our time is breathing down your neck, not to mention changes in the workforce none of us has ever seen.

Thank you to our anti-Karens: Karen Merklein, Karen Yust and Karen Gibbs! We applaud their efforts to improve the stereotypes for all of the kind, calm, thoughtful and nice Karen's everywhere! Join us in stopping this unfair labeling of Karen's everywhere!

Interested in hearing more from us?

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