



Luther Manor Weekly Happenings and Updates

December 30, 2021 5:22 pm

Campus Updates

- One resident in the Terrace has tested positive for COVID. In addition, five staff members have also tested positive. Staff cases include three Courtyards Caregivers and two dining services staff members in the Terrace.

Staff infections seem to be occurring mainly from outside contact, for the resident it was from visitors coming into Luther Manor. This is a great opportunity to share that anyone recovering from COVID-19 could be contagious for up to 14 days.

We ask that you not visit while recovering from COVID-19 unless you have spoken with one of our staff members that has been able to run it by our infection control nurse. You may be able to visit as early as 5-7 days from when you tested positive, as long as the symptoms are improving. This is why dialog is necessary prior to visiting.

COVID is affecting both vaccinated and unvaccinated people, yet the CDC is reporting that people who have the booster shot and then get infected have more mild symptoms and recover faster than those who are vaccinated and especially those who are unvaccinated.

Staff who may have been exposed have been contacted and are all being tested. **All residents who had direct contact** are being tested and families were notified. Fully vaccinated residents who test negative do not need to be placed into isolation. Residents who are not fully vaccinated, will be placed in droplet/contact precautions for a minimum of 7 days. **Residents with direct contact will be retested in 5 to 7 days.**

With Omicron being the primary variant reported in our area we are seeing very different symptoms than when COVID first started and in many cases negative test results are being reported after the symptoms start only to test positive several days later. This variant includes COLD LIKE SYMPTOMS, so you may not think you have COVID. It is also spreading faster and for many, ending sooner, so quick detection is **IMPERATIVE** to prevent the spread and protect others.

I know this is a lot of repeat information, yet if you have any of the following symptoms, DO NOT COME TO VISIT, WITHOUT DIALOG WITH ONE OF OUR STAFF MEMBERS FIRST:

- Sore throat
- Congestion or runny nose



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- Nausea or vomiting
- Diarrhea
- Fever or feeling feverish, such as chills or sweating
- Cough
- Mild or moderate shortness of breath or difficulty breathing
- Fatigue
- Muscle aches or body aches
- Headache
- New loss of taste or smell

The risk of contracting COVID is very real and although the cases appear to be milder, we know no one wants to be the cause of an outbreak or a more serious case. We are seeing more vaccinated people become infected, yet being vaccinated helps reduce symptoms if you become infected and helps prevent serious illness and hospitalization. To increase your protection, the CDC is now advising everyone over the age of 18 to get a booster shot. Booster shots are available at local CVS and Walgreens pharmacies, at many urgent care clinics and at your doctor's office. Please consider giving yourself and others the added benefit of protection from the booster shot. If you are apprehensive for yourself or your loved one, please speak with your doctor.

We are hosting another vaccination clinic for the 1st, 2nd and booster doses of the Pfizer and Moderna vaccines next week Thursday, January 6th. Please let me know if you would like to have your loved one vaccinated.

Interested in hearing more from us?

- Subscribe to receive email updates at COVIDUpdates@LutherManor.org
- Visit our website at www.luthermanor.org
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