



Independence
AS LONG AS YOU WANT IT.

Compassionate care
WHENEVER YOU NEED IT.



LUTHER MANOR
A Life Plan Community

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What is a *Life Plan Community*?

Life Plan Community is a relatively new term. In 2014, a national task force was established to revisit the name and idea of Continuing Care Retirement Communities (CCRCs). After two years of extensive research, intense deliberation, and listening to hundreds of consumers and industry professionals, the task force selected Life Plan Community as the new category name.



Life

Life shows that our communities are about so much more than care; they are about living life to the fullest.



Plan

Plan captures the unique “safety net” advantages that CCRCs offer through advanced healthcare services.



Community

Community means connectedness. It’s where “planning” and “living” merge and allow for living life to the fullest.

Why *Luther Manor?*



Experience

Enriching the lives of older adults & providing peace of mind to their families for 55+ years.

Mission

A faith-based community seeking to share God's love.

Continuum of care

From your most independent state of living to your greatest need for compassionate care, Luther Manor is home.

29 acres

A secure, park-like neighborhood with beautiful views from every residence.

On-site clinic

Doctors, dentists & specialists all on-site.

Activities

30-40 weekly life enrichment activities per program area that engage you physically, socially, mentally & spiritually.

Charitable care

Providing more than \$5 million dollars, annually, in charitable care for those who have outlived their resources.

Volunteers

A 400+ person volunteer base.



Greater value **for you**

Live abundantly

Cost of living is one of the many considerations when looking at a community like Luther Manor. In addition to the chosen living space, the following valuable amenities and services are included and on-site.

- Daily dining options
- Physicians & dentists
- Therapy services
- Beauty & barber shops
- Ice cream parlor
- Computer & internet access
- Libraries, games & puzzles
- 2 convenience stores
- Banking
- Pastoral care
- Common laundry facilities
- Internal transportation
- Life enrichment opportunities & trips
- Guest rooms for visiting family & friends
- Shopping bus

Live actively

Life enrichment activities are central to the Luther Manor community. Each program area includes 30-40 weekly options which encourage physical, social, mental and spiritual engagement driven by your hobbies, interests and abilities, including:

- Music (live & recorded)
- Fitness center
- Seated sports
- Puzzles & card games
- Nutritional programs
- Craft making groups
- Baking groups
- Knitting groups
- Model train room
- Educational presentations
- Dartball
- Shuffleboard
- Bingo
- Billiards
- Wood shop
- Libraries







Independent Living

In some ways our lifestyle hasn't changed. In other ways, it's gotten better because of all the wonderful people we've met & how well we are loved & cared for.

The Terrace offers you a community of new friends and neighbors who share your desire for independent living. Choose from a variety of floor plans that can accommodate your individual needs and preferences. Our floor plans include studios, 1 BR and 2 BR apartments. They are designed with your safety, comfort and convenience in mind. Appliances, carpeting and window treatments are included. Washers and dryers are available in select units.

You have access to both outdoor and indoor parking options. If you don't have a vehicle, transportation to both off-campus medical appointments and regularly scheduled bus service to area shopping centers are available.

Tempt your taste buds

You have a variety of dining options to choose from.

- Enjoy a tasty seasonal dish in Chives American Grill restaurant
- Savor a hearty home-style meal in the Park Terrace Dining Room
- Grab a sandwich from the Deli for some lighter fare
- Sip a cocktail with friends in the Hearth Club during social hours

Supplemental Services

For residents who need assistance, supplemental services are available. For a small monthly fee, our staff can assist with tasks such as laundry, bed linen changes or a wheelchair ride to a campus event. Choose one or any combination of services.





Living confidently

Supportive Living in our Residential Care Apartment Complexes (RCAC) has provided individualized care while respecting an independent lifestyle since 2006. With input from health professionals, you control your personal space, care decisions and daily routines. As your needs change, the care plan can be adjusted. Care can be provided on an on-going basis or for as short as one month. **All levels of care include:**

- Staff availability 24 hours a day, seven days a week
- Daily reassurance checks provide peace of mind for you & your family
- Cord-Mate help button
- Health monitoring & nurse consultation

Supportive services for you

Your individualized care plan is based on a comprehensive health assessment which is completed, with your input, by the supportive living team and your doctor. **Additional services may include:**

- Medication management
- Assistance with bathing, dressing & grooming
- Light meal preparation
- Oxygen management
- Laundry assistance
- Weekly bed linen changing
- Incontinence management
- Administration of eye drops
- Cleaning out refrigerator
- Assistance with compression stockings
- Monthly housekeeping
- Enhanced meal plan





Assisted Living

If my mom had to finish her life with assistance, I could not have dreamed of a better place than Luther Manor.

You gave her dignity & care at such a special time in her life.

Whether you need assistance with routine activities or memory support, a wide range of services are available in our assisted living Community Based Residential Facility (CBRF). Our goal is to help you maintain the greatest possible level of physical health, independence, and emotional well-being.

The Courtyards

The Courtyards takes a flexible, individualized approach to assisted living. From the privacy of personal apartments to the enjoyment of socializing and sharing experiences with other seniors, the Courtyards offers a distinct blend of support, life enrichment and senior care services.

Trained staff are available to assist you with daily living activities while encouraging maximum mobility in a safe environment.

Luther Manor at River Oaks

Luther Manor at River Oaks in Mequon welcomed its first 16 residents in the year 2000. Nestled in a quiet, wooded area overlooking the Milwaukee River, River Oaks offers supportive, assisted living and 24-hour care services.

Unique to River Oaks is the ability to form relationships with staff that aren't always possible in a larger setting. With thirteen full and part-time employees, you have the peace of mind that comes with great care and the benefits of a cozy, home-like environment. Within a short while, it feels like family!





Health Care Center

The Health Care Center provides a dedicated team of specially-trained staff members and medical professionals ready to deliver high-quality care for those in need of 24-hour skilled nursing. We care for you as though you were members of our own family!

Our Health Care Center provides assistance with the activities of daily living, meals, medication administration and wound care. An in-house physician is present five days a week and a wound nurse practitioner visits weekly to collaborate with physicians and the nursing staff ensuring you the highest level of professional and compassionate care.

Health Care Center residents also have access to a variety of healthcare services during normal business hours, which include, rehabilitation therapies, ophthalmology, dentistry, podiatry and geriatric psychiatry.

*At every level of
care, our family
could not have been
happier with the
care our
mom received at
Luther Manor.*





Rehabilitation

*My therapist
really paid
attention to how
I was feeling &
took caution as
needed. When I
got done, I felt
like I could run
a marathon!*

Your bridge from hospital to home

Physical, occupational and speech therapy services are available at Luther Manor. We accept admissions 24/7 and can help make arrangements with your doctor and hospital to make your admission and transition to our rehab program as easy as possible.

A smooth transition home

Luther Manor physicians, nurses, therapists, and social workers will work with you to create an individual plan of care to help you achieve your health goals. During your stay, we will provide education and support to prepare you and your family for your return home. Luther Manor has physicians on-site to oversee your care, or you may continue to have your personal physician oversee your medical needs.

Valuable amenities

- Private room & bathroom
- Laundry service
- Medical clinic
- WiFi access, cable & telephone
- Dining room & in-room meal service
- Unrestricted visiting hours
- Pet visitation





Adult Day Program

Adult Day Programs promote health, independent living, social confidence and personal growth in older adults. We recognize and honor you as a unique individual and look to build a relationship by taking time to get to know you personally. We know that care and support isn't just important for participants, but also for caregivers.

Our Adult Day Program involves both nationally recognized programs and individual free-time. **Example activities and programs are:**

- Discussion of current events
- Ageless Grace exercises
- Brain games
- TimeSlips storytelling
- Puzzles & word searches
- Sketching & coloring
- Crochet
- Java Music peer support

The Academy @ Luther Manor

The Academy @ Luther Manor in Wauwatosa is a unique adult day program offering learning opportunities, programs, and activities developed by leaders in the field of aging and memory wellness. Open Monday-Friday from 7:30 am-5 pm, the core program runs from 10 am-3 pm.

*Luther Manor
has had a huge
impact on my
husband & me.*

*The program has
allowed me to stop
worrying about him
because I know
he is in
good hands.*





Memory Care

*My move to Luther
Manor was the best
gift I could have
given my daughter.
It gave her freedom
to pursue her
interests, to travel
& to not worry
about me. My family
& I are blessed by
this gift!*

Maximizing your mind

Luther Manor offers memory care for individuals with dementia and Alzheimer's disease to maximize independence and provide a higher quality life throughout each stage of memory loss. You receive additional support and supervision through activity-focused care, as well as an integrated living experience with your neighbors. Our person-centered memory care program is facilitated through:

-
- Small groups
 - Frequent one-on-one interactions
 - Community programs
 - Special activities
-

Luther Manor's Truby Pavilion has 36 private rooms dedicated to memory care for those with moderate dementia. Focused on individualized care, our staffing ratio is six residents for every one nursing assistant.

Dedicated to mental wellness & quality of life

Along with our Memory Care neighbors, our assisted living (The Courtyards), independent living (The Terrace) and adult day friends engage in nationally recognized memory programming such as:

-
- Music & Memory
 - Memory Minders
-





We believe all people are created in the image of God and we honor Him by surrounding those nearing the end of their lives, as well as their loved ones, with compassionate and understanding hospice care.

Our services may be provided with a physician referral. A member of the Luther Manor Hospice Care team can work directly with your personal physician, on your behalf, to determine your eligibility.

A supportive & collaborative approach

In hospice care, you and your loved ones have the opportunity to make decisions about end-of-life care, while being supported by a dedicated, compassionate staff of physicians, nurses, chaplains, social workers and counselors.

All medical services are coordinated through the direction of your personal physician. In addition to providing in-home care during planned visits, a Luther Manor hospice nurse is on call 24-hours a day.

Everyone was patient, kind and willing to do whatever it took to make my mom feel comfortable. For this we are very appreciative.





Luther Manor draws on the rich spiritual foundation of local Lutheran congregations and the various faith traditions of our residents and clients. Staff chaplains are available to listen, offer comfort, share scripture and prayer, and arrange for sacraments. We can also contact your congregation, synagogue and/or mosque if you desire. The involvement and partnership of your own faith community while you are being cared for at Luther Manor is greatly appreciated.

Care for your spirit

Residents of Luther Manor are invited to participate in the programs & services that the Pastoral Care staff provides and oversees. Staff and volunteers will gladly transport you to and from all programs and services.

Lutheran Worship Services

Every Sunday

Catholic Worship Services

1st Friday of every month

Bible Studies

Varies per program area



Additional Programming & Care

Respite Care

When you need to be away or are recovering from surgery or illness, Luther Manor can provide short-term care for your loved one in The Courtyards (Assisted Living) or Health Care Center (Skilled Nursing). Whether it be a minimum stay of seven days or a maximum stay of 30 days, you can count on our dedicated and caring staff to provide quality health care in a safe and secure setting.

The Bridge Program

When the care and services you are receiving for rehabilitation in a skilled nursing facility are no longer covered by your insurance, and you are discharging from their care, you may have concerns about your ability to return home safely and successfully. If you live alone and believe you could use a few more weeks of therapy and support, our fully furnished apartments are a perfect place to stay and get the extra help you need. The Bridge Program at Luther Manor is the partner to help you finish recovery and return you to the place you call home. The minimum length of stay is seven days.





LUTHER MANOR

A Life Plan Community

The Luther Manor community is centered on **sharing God's love** and **enriching the lives of older adults**.

You may enter the Luther Manor care continuum through any of our program options. As health needs change, our broad range of clinical and housing services offers **peace of mind for you and your family**.



WAUWATOSA

Life Plan Community

4545 N. 92nd St.

Wauwatosa, WI 53225

MEQUON

Assisted Living

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Mequon, WI 53092

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